

200M van TIELT 26: Session: 2: COACH evaluation sheet for TEAM: IKZ

Coachinfo: Warming up from: 12:40 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandeputte Debby

Coaches: Demeyere Linda

Coaches: Debouck Emiel

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 4: 200M FREESTYLE WOMEN 11+							Heat:9, starttime: 14:29	
Heat: 9/10 Lane : 3 Athlete: NOPPE PAULINE							Q-time: 02:23:04	
PB (25m pool): 02:23.04 DIKSMUIDE 30/11/2025				PB (50m pool): 02:26.09 SB: 02:23.72 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.19		01:11.58		01:48.91		02:23.04
	00:34.19		00:37.39		00:37.33		00:34.13	
								

Coach feedback:

Event number: 4: 200M FREESTYLE WOMEN 11+							Heat:10, starttime: 14:32	
Heat: 10/10 Lane : 4 Athlete: VELGHE LAURA							Q-time: 02:15:03	
PB (25m pool): 02:15.03 Diksmuide 12/10/2025				PB (50m pool): 02:21.90SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.03		01:05.92		01:41.15		02:15.03
	00:31.03		00:34.89		00:35.23		00:33.88	
								

Coach feedback:

Event number: 5: 200M FREESTYLE MEN 11+							Heat:3, starttime: 14:44	
Heat: 3/11 Lane : 3 Athlete: VANHEE NIEL							Q-time: 04:18:14	
PB (25m pool): 04:18.14 leper 05/01/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:54.57		02:00.49		no time		04:18.14
	00:54.57		01:05.92					
								

Coach feedback:

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Event number: 5: 200M FREESTYLE MEN 11+							Heat:4, starttime: 14:49	
Heat: 4/11 Lane : 1 Athlete: CARDINAEL MILAN							Q-time: 04:00:38	
PB (25m pool): 04:00.38 DIKSMUIDE 30/11/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.48		01:54.58		02:58.48		04:00.38
	00:52.48		01:02.10		01:03.90		01:01.90	
								

Coach feedback:

Event number: 5: 200M FREESTYLE MEN 11+							Heat:6, starttime: 14:57	
Heat: 6/11 Lane : 2 Athlete: HAJDARPASIC OMER							Q-time: 02:58:15	
PB (25m pool): 02:58.15 Meulebeke 06/04/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.86		01:28.62		no time		02:58.15
	00:40.86		00:47.76					
								

Coach feedback:

Event number: 5: 200M FREESTYLE MEN 11+							Heat:8, starttime: 15:04	
Heat: 8/11 Lane : 4 Athlete: SINNESAEEL CASPER							Q-time: 02:40:58	
PB (25m pool): 02:33.14 Brugge 04/10/2026				PB (50m pool): 02:35.49SB: 02:33.14 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.00		01:13.47		01:54.17		02:33.14
	00:35.00		00:38.47		00:40.70		00:38.97	
								

Coach feedback:

Event number: 5: 200M FREESTYLE MEN 11+							Heat:8, starttime: 15:04	
Heat: 8/11 Lane : 5 Athlete: STEEN REMI							Q-time: 02:44:71	
PB (25m pool): 02:44.71 DIKSMUIDE 30/11/2025				PB (50m pool): 02:55.44SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.56		01:21.40		02:05.21		02:44.71
	00:38.56		00:42.84		00:43.81		00:39.50	
								

Coach feedback:

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Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:1, starttime: 15:16	
Heat: 1/5 Lane : 3 Athlete: BRUYNEEL PAREIT ELINA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:1, starttime: 15:16	
Heat: 1/5 Lane : 4 Athlete: DEMORTIER LÉON							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:2, starttime: 15:21	
Heat: 2/5 Lane : 2 Athlete: JOYE ROMY							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:2, starttime: 15:21	
Heat: 2/5 Lane : 3 Athlete: PIERS EMRYS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

200M van TIELT 26: Session: 2: COACH evaluation sheet for TEAM: IKZ

Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:3, starttime: 15:25	
Heat: 3/5 Lane : 1 Athlete: SURMONT JEANNE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:3, starttime: 15:25	
Heat: 3/5 Lane : 2 Athlete: DEPYPERE LEWIS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:3, starttime: 15:25	
Heat: 3/5 Lane : 4 Athlete: SINNESAELE NOAH							Q-time: 04:02:47	
PB (25m pool): 04:02.47 leper 04/01/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:53.26		01:55.48		no time		04:02.47
	00:53.26		01:02.22					
								

Coach feedback:

Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:3, starttime: 15:25	
Heat: 3/5 Lane : 5 Athlete: FONTEYNE EMANO							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:4, starttime: 15:29	
Heat: 4/5 Lane : 1 Athlete: HOLVOET LUCIE							Q-time: 03:56:48	
PB (25m pool): 03:56.48 leper 04/01/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.60		01:51.16		no time		03:56.48
	00:50.60		01:00.56					
								

Coach feedback:

Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:4, starttime: 15:29	
Heat: 4/5 Lane : 2 Athlete: MINNE WARRE							Q-time: 03:46:21	
PB (25m pool): 03:46.21 leper 05/01/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.94		01:48.16		no time		03:46.21
	00:48.94		00:59.22					
								

Coach feedback:

Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:4, starttime: 15:29	
Heat: 4/5 Lane : 4 Athlete: VANBIERVLiet MANON							Q-time: 03:34:09	
PB (25m pool): 03:34.09 leper 04/01/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.17		01:42.00		no time		03:34.09
	00:47.17		00:54.83					
								

Coach feedback:

Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:5, starttime: 15:34	
Heat: 5/5 Lane : 2 Athlete: VANDAELE JULIET							Q-time: 03:21:10	
PB (25m pool): 03:21.10 leper 04/01/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.72		01:39.04		no time		03:21.10
	00:46.72		00:52.32					
								

Coach feedback:

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Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:5, starttime: 15:34	
Heat: 5/5 Lane : 3 Athlete: DIERKENS HENRI							Q-time: 03:02:16	
PB (25m pool): 03:02.16 leper 04/01/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.04		01:26.69		no time		03:02.16
	00:39.04		00:47.65					
								

Coach feedback:

Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:5, starttime: 15:34	
Heat: 5/5 Lane : 4 Athlete: VANBIERVLIET VICTOR							Q-time: 03:04:80	
PB (25m pool): 03:04.80 leper 04/01/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.53		01:31.37		no time		03:04.80
	00:42.53		00:48.84					
								

Coach feedback:

Event number: 7: 200M BUTTERFLY WOMEN 11+							Heat:2, starttime: 15:42	
Heat: 2/2 Lane : 3 Athlete: SCHACHT HANNE							Q-time: 02:51:88	
PB (25m pool): 02:51.88 Meulebeke 19/04/2026				PB (50m pool): 03:12.04SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.11		01:18.90		no time		02:51.88
	00:36.11		00:42.79					
								

Coach feedback:

Event number: 8: 200M BUTTERFLY MEN 11+							Heat:4, starttime: 15:58	
Heat: 4/4 Lane : 1 Athlete: HAJDARPASIC OMER							Q-time: 03:22:31	
PB (25m pool): 03:22.31 Meulebeke 19/04/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.99		01:32.20		no time		03:22.31
	00:39.99		00:52.21					
								

Coach feedback:

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Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:4, starttime: 16:20	
Heat: 4/7 Lane : 4 Athlete: DECOUTTERE EMMA							Q-time: 03:14:60	
PB (25m pool): 03:00.51 Brugge 04/10/2026				PB (50m pool): 03:14.60SB: 03:00.51 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.22		01:25.22		02:13.45		03:00.51
	00:40.22		00:45.00		00:48.23		00:47.06	
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 16:29	
Heat: 6/7 Lane : 3 Athlete: NOPPE PAULINE							Q-time: 02:38:11	
PB (25m pool): 02:38.11 Temse 17/11/2025				PB (50m pool): 02:44.44SB: 02:40.62 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.75		01:17.56		01:58.90		02:38.11
	00:37.75		00:39.81		00:41.34		00:39.21	
								

Coach feedback:

Event number: 9: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 16:33	
Heat: 7/7 Lane : 4 Athlete: VELGHE LAURA							Q-time: 02:30:64	
PB (25m pool): 02:30.64 Diksmuide 12/10/2025				PB (50m pool): 02:32.29SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.74		01:13.91		01:52.63		02:30.64
	00:35.74		00:38.17		00:38.72		00:38.01	
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 16:41	
Heat: 2/8 Lane : 1 Athlete: DEGEZELLE LEON							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): 03:32.26SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 10: 200M BACKSTROKE MEN 11+							Heat:3, starttime: 16:45	
Heat: 3/8 Lane : 3 Athlete: SINNESAEEL CASPER							Q-time: 03:11:94	
PB (25m pool): no time			PB (50m pool): 03:11.94SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:4, starttime: 16:50	
Heat: 4/8 Lane : 2 Athlete: VANBRABANT ESBEN							Q-time: 03:09:40	
PB (25m pool): 03:09.40 Diksmuide 09/03/2025				PB (50m pool): 02:58.75 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.29		01:35.35		02:23.25		03:09.40
	00:47.29		00:48.06		00:47.90		00:46.15	
								

Coach feedback:

Event number: 11: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 17:22	
Heat: 4/7 Lane : 5 Athlete: DECOUTTERE EMMA							Q-time: 03:37:49	
PB (25m pool): 03:37.90 Brugge 04/10/2026				PB (50m pool): 03:37.49SB: 03:37.90 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.41		01:44.16		02:41.89		03:37.90
	00:49.41		00:54.75		00:57.73		00:56.01	
								

Coach feedback:

Event number: 11: 200M BREASTSTROKE WOMEN 11+							Heat:7, starttime: 17:33	
Heat: 7/7 Lane : 4 Athlete: SCHACHT HANNE							Q-time: 02:50:19	
PB (25m pool): 02:50.19 LAGO Zwevegem 09/06/2025				PB (50m pool): 02:58.11SB: 02:56.40 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.25		01:21.09		02:05.53		02:50.19
	00:38.25		00:42.84		00:44.44		00:44.66	
								

Coach feedback:

200M van TIELT 26: Session: 2: COACH evaluation sheet for TEAM: IKZ

Event number: 11: 200M BREASTSTROKE WOMEN 11+							Heat:7, starttime: 17:33	
Heat: 7/7 Lane : 5 Athlete: DE WEVER MAUD							Q-time: 03:07:99	
PB (25m pool): 03:07.99 leper 04/01/2026				PB (50m pool): 03:11.24SB: 03:09.34 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.97		01:31.78		no time		03:07.99
	00:42.97		00:48.81					
								

Coach feedback:

Event number: 12: 200M BREASTSTROKE MEN 11+							Heat:3, starttime: 17:47	
Heat: 3/7 Lane : 3 Athlete: DEGEZELLE LEON							Q-time: 04:05:82	
PB (25m pool): 04:05.82 leper 04/01/2026				PB (50m pool): 04:10.72SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:56.73		02:01.43		no time		04:05.82
	00:56.73		01:04.70					
								

Coach feedback:

Event number: 12: 200M BREASTSTROKE MEN 11+							Heat:3, starttime: 17:47	
Heat: 3/7 Lane : 5 Athlete: CARDINAEL MILAN							Q-time: 04:11:26	
PB (25m pool): 04:11.26 leper 04/01/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:57.87		02:02.10		no time		04:11.26
	00:57.87		01:04.23					
								

Coach feedback:

Event number: 12: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 17:52	
Heat: 4/7 Lane : 1 Athlete: VANHEE NIEL							Q-time: 04:02:24	
PB (25m pool): 04:02.24 Diksmuide 09/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:55.29		01:55.75		02:59.60		04:02.24
	00:55.29		01:00.46		01:03.85		01:02.64	
								

Coach feedback:

200M van TIELT 26: Session: 2: COACH evaluation sheet for TEAM: IKZ

Event number: 12: 200M BREASTSTROKE MEN 11+							Heat:5, starttime: 17:56	
Heat: 5/7 Lane : 2 Athlete: VANBRABANT ESBEN							Q-time: 03:37:52	
PB (25m pool): 03:15.47 Brugge 04/10/2026				PB (50m pool): 03:25.53 SB: 03:15.47 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.85		01:35.94		02:27.15		03:15.47
	00:44.85		00:51.09		00:51.21		00:48.32	
								

Coach feedback:

Event number: 12: 200M BREASTSTROKE MEN 11+							Heat:6, starttime: 18:00	
Heat: 6/7 Lane : 5 Athlete: STEEN REMI							Q-time: 03:22:36	
PB (25m pool): 03:22.36 leper 04/01/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.00		01:38.93		no time		03:22.36
	00:46.00		00:52.93					
								

Coach feedback: